

# WORLD KARATE ORGANIZATION SHINKYOKUSHINKAI NEW ZEALAND HONBU - POLICY ON DOPING IN SHINKYOKUSHIN KARATE

## 1. Preamble

National Sports Organisations (NSOs) such as WKOSNZ have a crucial role to play in the fight against doping in sport. NSOs are in regular contact with athletes and are in a position to influence attitudes to doping through their leadership, strategic approach to anti-doping, education programmes, and resource distribution.

NSOs have a responsibility under the World Anti-Doping Code to provide anti-doping education to their members. The prominence they give anti-doping education and information sends a clear message to athletes about the approach they should take to performance enhancing drugs and methods. NSOs also work with Drug Free Sport NZ to plan testing programmes at major events.

Drug Free Sport NZ sees NSOs as a key partner in helping to create a culture of clean sport in New Zealand.

## 2. Purpose

The purpose of this Policy is to provide a consistent and effective response to the use of Banned Substances and Practices in Shinkyokushin Karate in order to deter those who might engage in the use of Banned Substances and Practices and protect those who commit themselves to sport based on the principles of fair play.

This Policy ensures that appropriate penalties are imposed on Athletes, coaches and on others who use or condone the use of Banned Substances, or engage in or condone Banned Practices. The Policy sets out procedures for determining Infractions, dealing with individuals and organizations found to have committed Infractions, handling protests and appeals relating to Doping Control Procedures and the determination of Infractions, and reinstating those individuals sanctioned as a result of such Infractions.

## 3. The role of National Sports Organisations in clean sport.

NSOs are a lynchpin in helping to create a culture of clean sport in New Zealand. Drug Free Sport NZ works with NSOs in a variety of ways, from supporting anti-doping education programmes to planning and delivering the drug testing programme. NSOs that adopt New Zealand's Sports Anti-Doping Rules send a clear message to their members that they value clean sport and reject a culture of cheating through drug use. Under the World Anti-Doping Code 2015, NSOs also have clear responsibilities to promote and advance anti-doping. As an NSO, WKOSNZ undertakes the following:

### 3.1. Governance and organisation:

- 3.1.1. formally adopts New Zealand Sports Anti-Doping Rules
- 3.1.2. ensures support personnel are bound by the rules
- 3.1.3. appoints a member to be responsible for anti-doping activities
- 3.1.4. introduce systems which make it easy for members to report doping activity in confidence
- 3.1.5. liaise with Drug Free Sport NZ to plan and implement testing programmes at major events
- 3.1.6. cooperate with any Drug Free Sport NZ investigation.

### 3.2. Education and information:

- 3.2.1. promote and provide anti-doping education to members, including coaches and support personnel
- 3.2.2. distribute anti-doping resources and information provided by Drug Free Sport NZ to all members
- 3.2.3. have anti-doping information available on its website
- 3.2.4. show leadership in the area of anti-doping by clearly demonstrating your opposition to cheating through drug use.

## 4. Anti-doping rule violations

WKOSNZ acknowledges the ten anti-doping rule violations. In summary the ten rule violations are:

- 4.1. the presence of a prohibited substance or its metabolites or markers in an athlete's sample
- 4.2. the use or attempted use by an athlete of a prohibited substance or method
- 4.3. evading testing or refusing to provide a sample for drug testing
- 4.4. failing to provide accurate and up-to-date whereabouts information or missing a test
- 4.5. tampering or attempting to tamper with any part of the doping control process
- 4.6. possessing prohibited substances or methods
- 4.7. trafficking or attempting to traffick any prohibited substance or method
- 4.8. administering or attempting to administer a prohibited substance or method to an athlete
- 4.9. covering up an anti-doping rule violation
- 4.10. an athlete associating with someone, such as a coach or medical professional, who has been found guilty of an anti-doping rule violation or equivalent.

## 5. Policy adherence

WKOSNZ abides by two sets of policies, deferring to the appropriate policy based on the geographic location of competitive events.

- 5.1. WKOSNZ abides and follows the 2020 Sports Anti-Doping Rules, by default these rules will apply to any and all competitions run by WKOSNZ in New Zealand.
- 5.2. Also, WKOSNZ abides by the WKO Anti-Doping Rules by default these rules will apply to any and all competitions run by WKO in Internationally.
- 5.3. Copies of up-to-date Clean Sport Handbooks will be made available to all members upon request.